



## Buffalo Chicken Taquitos

### Description

### Ingredients

- 6 slices of mozzarella cheese
- 1 1/2 cups cooked shredded or grilled chicken
- 2 tablespoons buffalo sauce for dipping
- low carb ranch dressing (optional)

### Instructions

1. Preheat oven to 350 degrees F.
2. Line a baking sheet with a silicone baking mat.
3. Place the cheese slices evenly on the mat.
4. Bake 5-7 minutes or until the outside edges are browned and crisp. (watch video)
5. Remove from the oven, allow to cool 1-2 minutes.
6. Place chicken on one end of the cheese slice and tightly roll, seam side down.
7. Serve with buffalo sauce and low carb ranch.

### Notes

This is my favorite way to grill chicken for recipes like this and this is my go to

SERVING SIZE: 3 taquitos

Amount Per Serving: CALORIES: 390 TOTAL

FAT: 21.7g CARBOHYDRATES: 0.3g FIBER: 0.2g PROTEIN: 43.3g

### Category

1. High Protein Recipes

### Date

21/12/2024

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