



CREAMY CUCUMBER SALAD

Description

Ingredients

2 Long English Cucumber
1/2 Red Onion Sliced (I only had white and it tastes delicious)
1/2 cup sour cream
1 TBSP Dill
2 TBSP White Vinegar
1 tsp Sugar or Sweetner (I used Monkfruit)
1/2 tsp Salt
1/4 tsp Garlic Powder

Instructions

- * Peel the cucumbers
- * Slice the cucumbers into 1/4" slices
- * Combine the sour cream, dill, vinegar, sugar, salt and garlic powder together in small bowl.
- * Toss the cucumbers and red onions together with the dressing.
- * Refrigerate for 1 hour and then serve cold.

Enjoy

Category

1. High Protein Recipes

Date

21/12/2024