High Protein Chocolate Cheesecake

Description

Say â€œYUMâ€ if you would eat this High Protein Chocolate Cheesecake ðŸ•°ðŸ•«ðŸ˜‹

What you need:

- 1/4 cup Greek yogurt
- 3 oz cream cheese, softened
- 1.5 tbsp cocoa powder, unsweetened
- 3 tbsp powdered sweetener
- 1 large egg

How to make it:

1. Preheat your oven to 350F.
2. Mix all ingredients & pour into a greased ramekin.
3. Bake for 15-20 mins. Take it out, let chill for a few hours and enjoy!

Category

1. High Protein Recipes

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